



# Can I help you?

*essentials'* **resident GP**, Dr Ann Robinson, answers your problems and shares top health tips

## Women like you

**Susan Hamill, 49, from Hounslow, Middlesex, suffered with migraines from the age of 16, but last year she began to get them every other day...**



'I was desperate, so when I read that a magnetic bracelet might help I didn't hesitate to give it a go. I didn't really expect it to make a difference, but after just a month the migraines got less frequent and eventually stopped. When I had to take the bracelet off for an operation, I had five attacks in two weeks!'

You can buy bracelets from £29.95 from [magna-health.com](http://magna-health.com); or call 0845 388 7503.