

# 3 of the best... MIGRAINE CURES

Relieve headaches with the Magna-Health bracelet, which its makers claim works by encouraging blood circulation, reducing inflammation and enhancing the body's healing process.

**£29.95**  
[magna-health.com](http://magna-health.com)



If you're suffering a migraine, take Nurofen Express Liquid Capsules to help ease pain fast.

**£3.06**  
Tesco



Take MigraHerb to help prevent migraines – it contains Feverfew, which reduces their severity and frequency.

**£7.99**  
[migratherb.co.uk](http://migratherb.co.uk)